

HOME ACTIVITIES

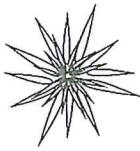
HOME ACTIVITY 4

The Triple A's 4 Friendship Flare Ups

Very few friends and friendships are perfect. That means that sometimes Friendship Flare Ups will happen. These are called BUMPS on the Highway of your Life, and they won't only happen at school. Friendship Flare Ups also happen to adults - and learning how to decide what sort of Flare Up it is - and then knowing how you're going to respond to it - is a Life Skill.

Think of an example for each Flare Up

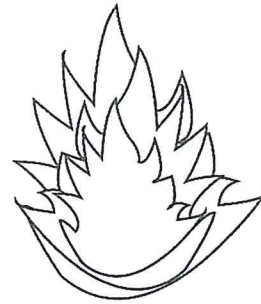
Spark



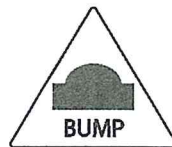
Flame



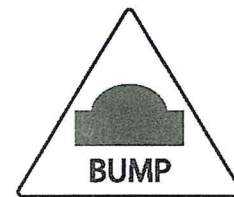
Fire



Example



Example



Example

Can you explain to someone at home what the difference is?





**What do you need to do this week?
Choose your best Triple A's Response!**


The Triple A's 4 Friendship Flare Ups are the same as the ones you learned last week for Play Refusals.

Which response would you use for a Friendship Spark, a Flame or a Fire?

A rgue (Remember, you don't use this response).	Is this useful?					
	Yes <input checked="" type="checkbox"/>			No <input checked="" type="checkbox"/>		
A ccept	Spark	Flame	Fire	Spark	Flame	Fire
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
A ssert	Spark	Flame	Fire	Spark	Flame	Fire
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

How would you rate these? Tick the box that's right for you.

Your friend said:	 Zero	 Spark	 Flame	 Fire
You are not good at art.				
Your haircut looks silly.				
You couldn't sit with her group at lunch time.				
Your teacher doesn't like you.				
You can't talk to the new girl.				
You can sometimes be nasty.				

 Everyone rates Friendship Flare Ups differently. What really matters to you, might not even matter to your friend. If during this week, you have experienced a Friendship Flare Up in a different way than a friend has, write it down here.
